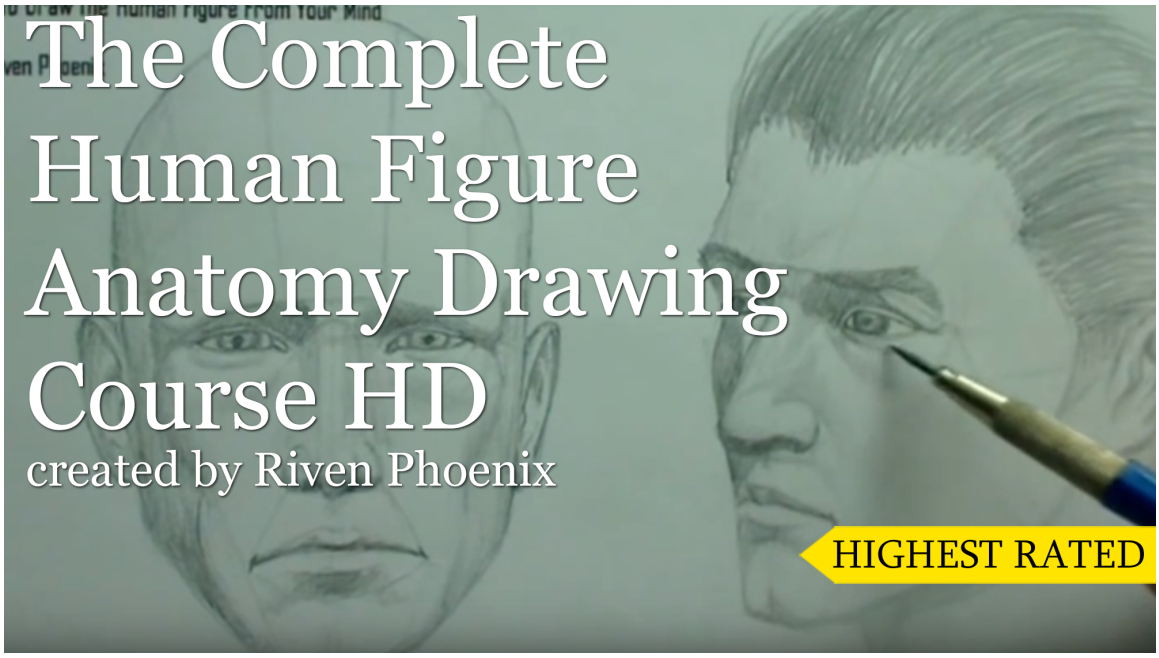


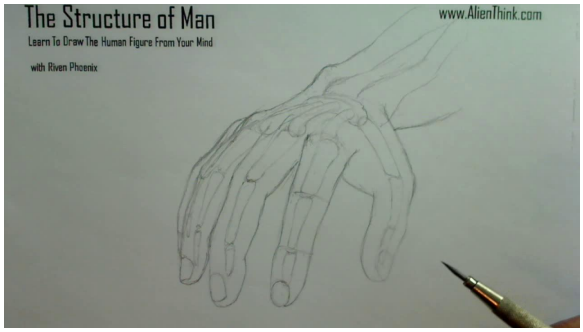
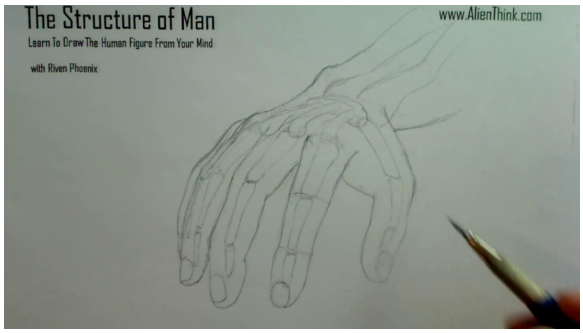
The Structure of Man

Learn to Draw the Human Figure From Your Mind with Riven Phoenix

www.alienthink.com

Figure Drawing Lesson 069 - Conclusion of the Skeleton - Front View

2026 Riven Phoenix and AlienThink.com

1		Hey guys, my name is Riven Phoenix and welcome to the structural man alone to draw the human
2		figure from your mind training course.
3		Okay, so now we've reached a significant milestone and you should really feel proud and
4		congratulate yourself and be humbled by this experience of being able to get the mind

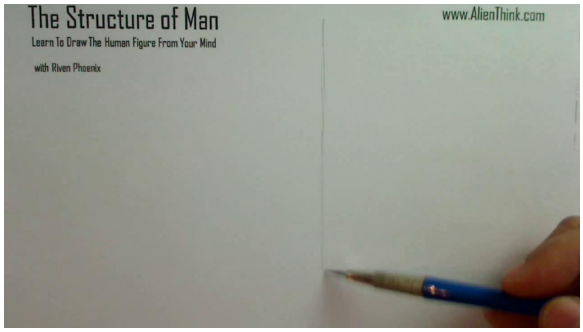
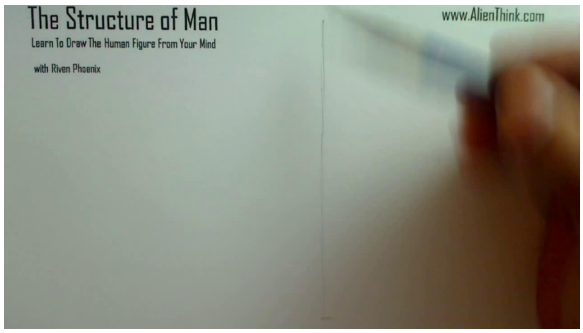
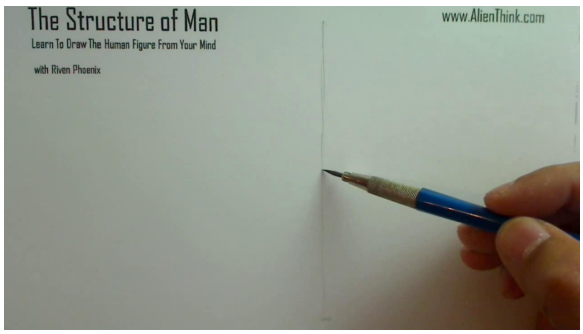
2026 Riven Phoenix and AlienThink.com

5		to be able to understand the complete structure of the human figure, right?
6		So we could say here in this artistic thinking mode that conceptually we have mastered
7		the structure of the human skeleton and not only that be able to understand the workings
8		of the toolkit that we created originally in the first lesson and to be able to draw

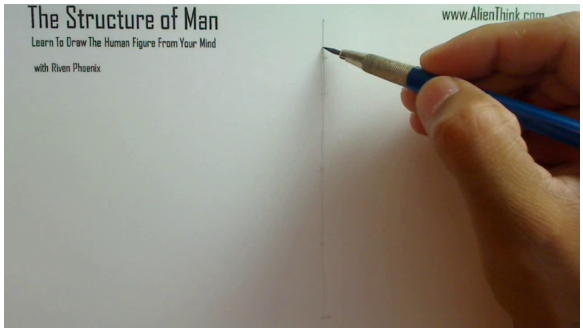
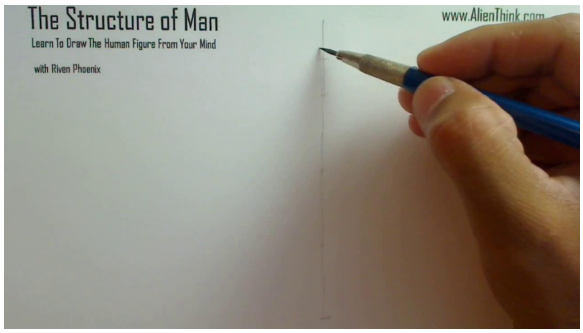
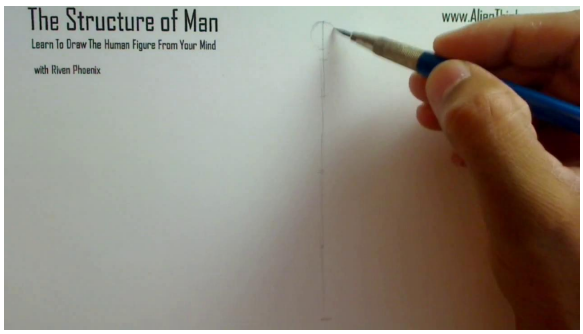
2026 Riven Phoenix and AlienThink.com

9		out the figure.
10		So now to wrap this up, basically we're just about to get ready.
11		We have to get ourselves ready to dive into the understanding of the muscle system.
12		So to draw out, to complete this session, we're going to first draw out this, the figure

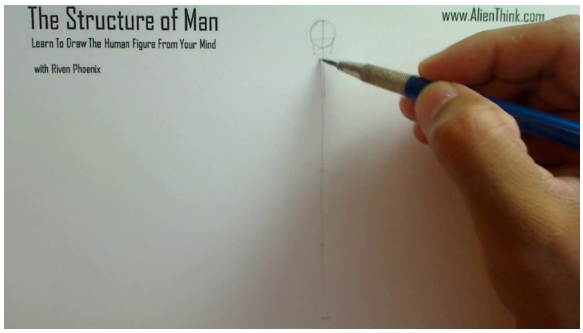
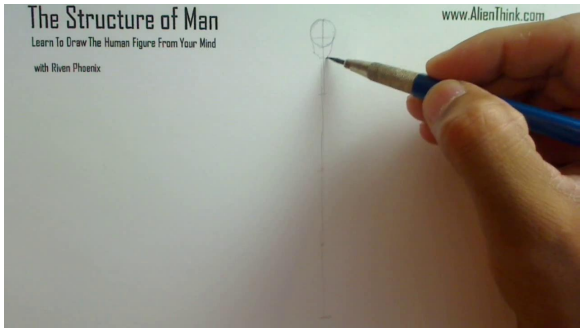
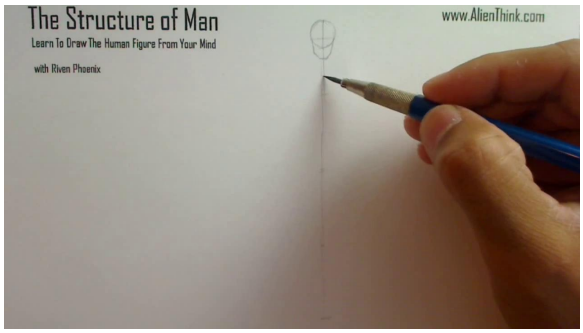
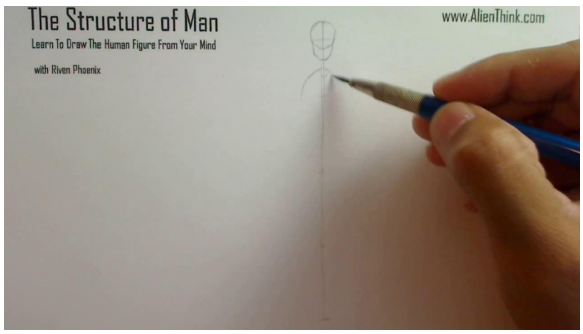
2026 Riven Phoenix and AlienThink.com

13		from the front view, right?
14		Because we need to now lock in all this information and this is going to be very easy.
15		So he am just going to draw out a straight view and again, this is just like the gesture
16		system, there's really nothing to this, this should be very easy for you, right?

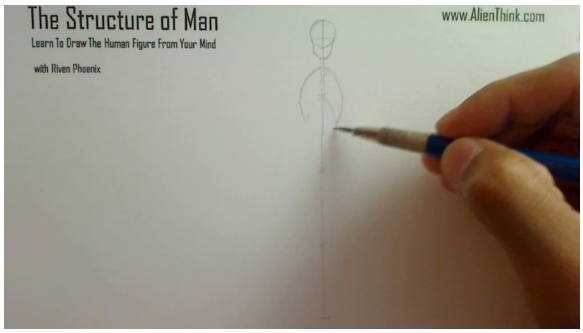
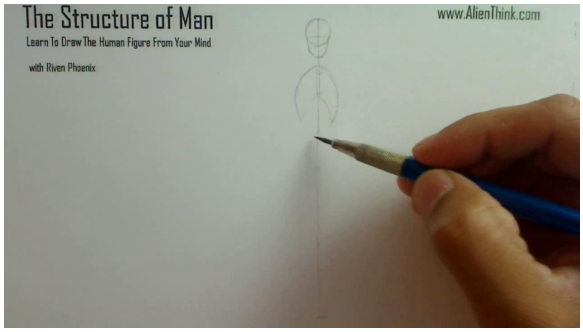
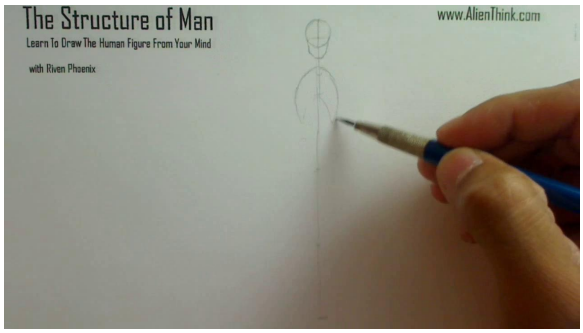
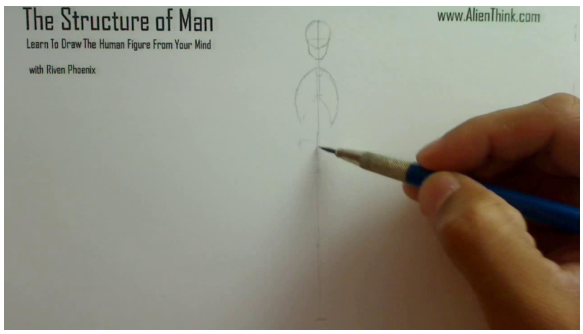
2026 Riven Phoenix and AlienThink.com

17		So here we're just going to do one final talk in understanding how we're able to do this,
18		right?
19		So we know that here we can first conceptually get down some of the ideas here, right?
20		In that first drawing process, get the design of the skull down and here's the jaw over

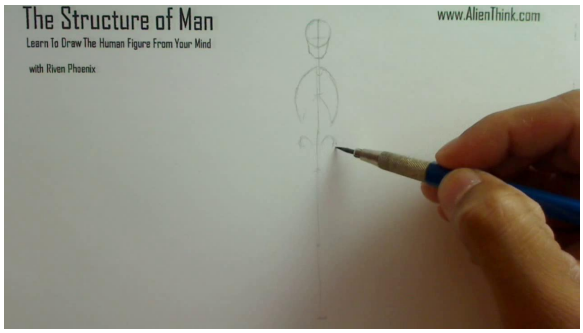
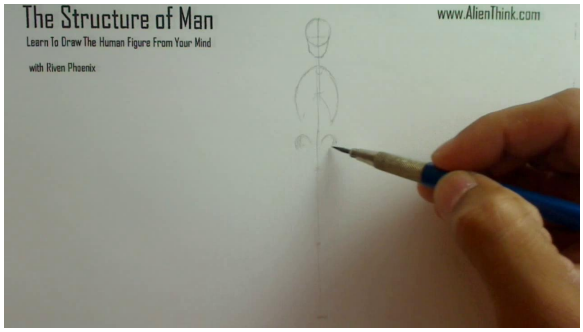
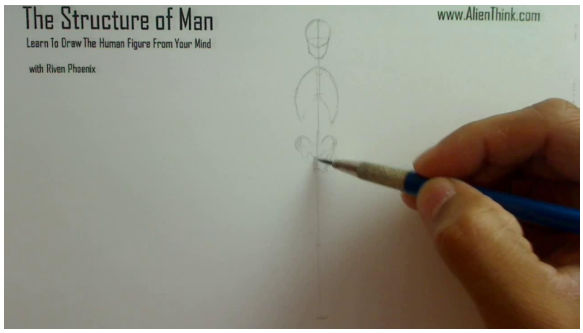
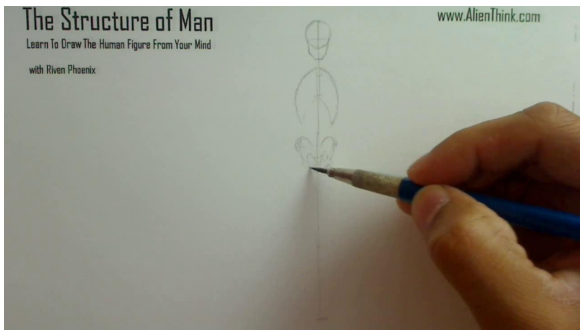
2026 Riven Phoenix and AlienThink.com

21		here.
22		It's going to be something like this over here, but just get a basic idea down first.
23		So we know that the clavicle is going to be here, we're going to get the chassis cavity
24		over here and then over here, we're going to come down like this over here, like so we'll

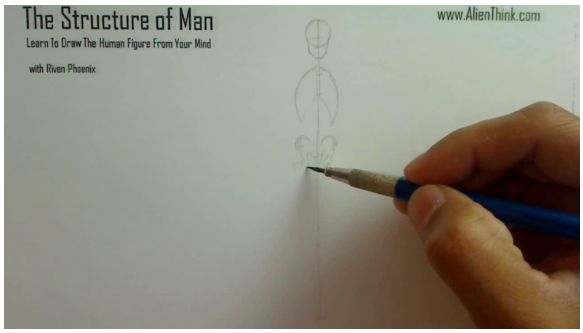
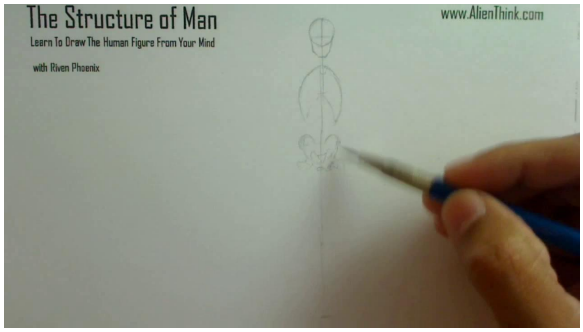
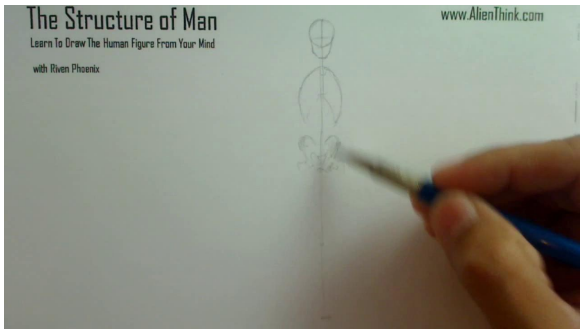
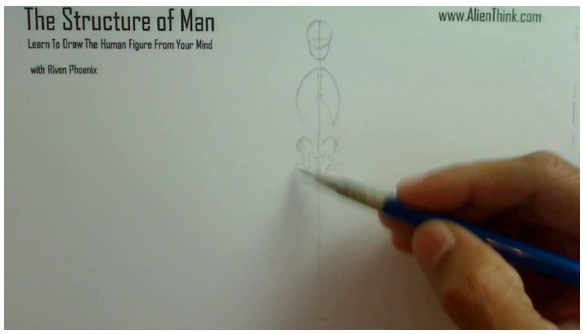
2026 Riven Phoenix and AlienThink.com

25		be able to do this, right?
26		And you'll see that we are just now when we're drawing, we know we're just visually looking
27		and comparing to where everything is just going to be, right?
28		So here the three fourth view, we know that we're just going to make the pelvis system

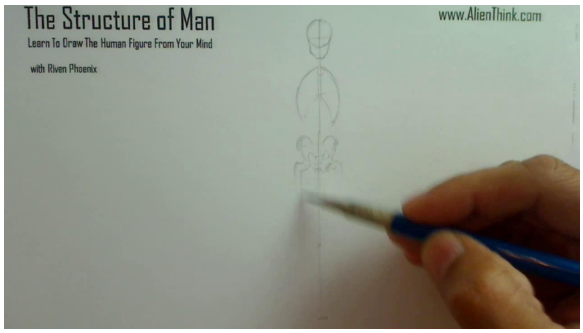
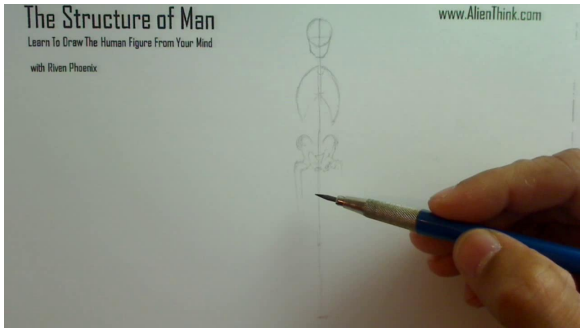
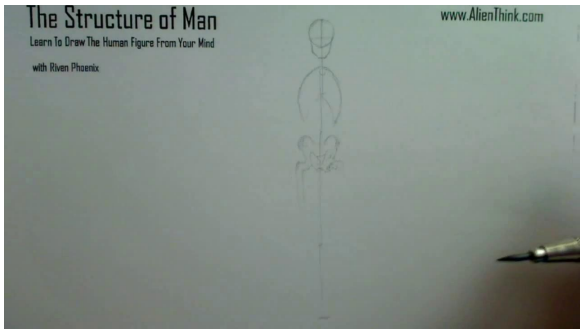
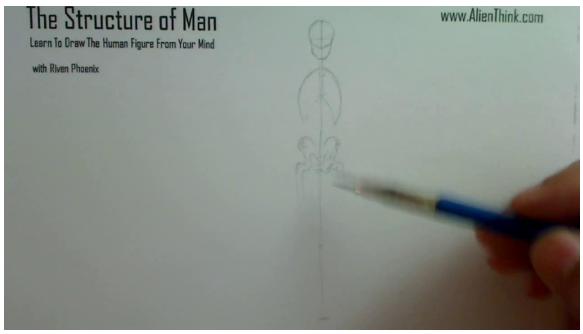
2026 Riven Phoenix and AlienThink.com

29		like this over here, right?
30		Just get the basic ideas down and then without putting any really thing down, be able to
31		draw it out just like this, right?
32		Just get it out like artists, right?

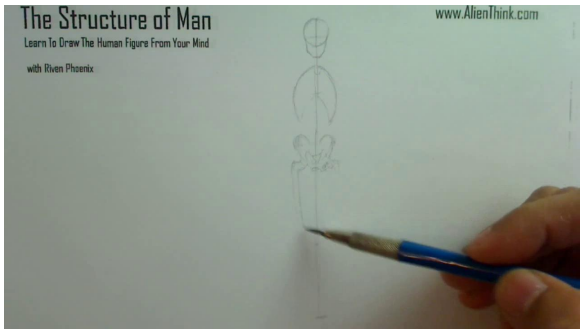
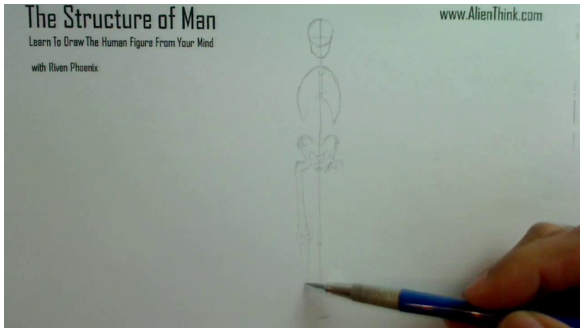
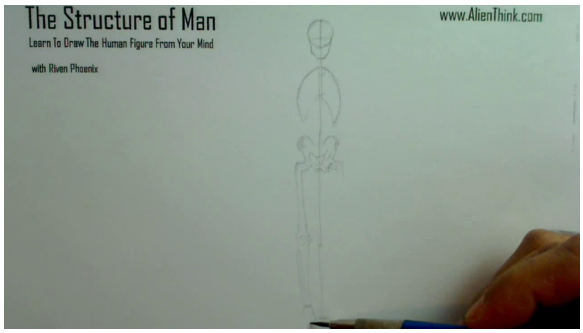
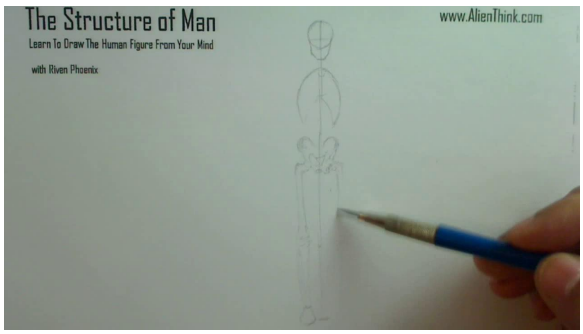
2026 Riven Phoenix and AlienThink.com

33		And here we're just going to get the system down, right?
34		So here I'm showing you a different technique, right?
35		We didn't even use the toolkit.
36		So here this is just like what we had shown in the first drawing where I drew out that

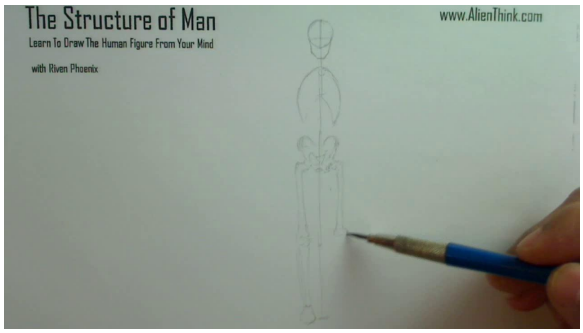
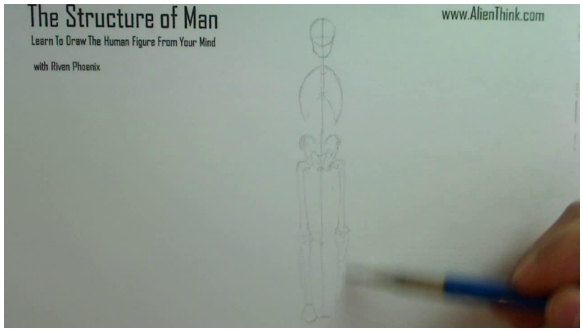
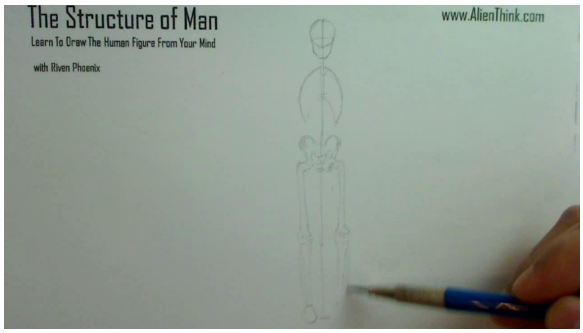
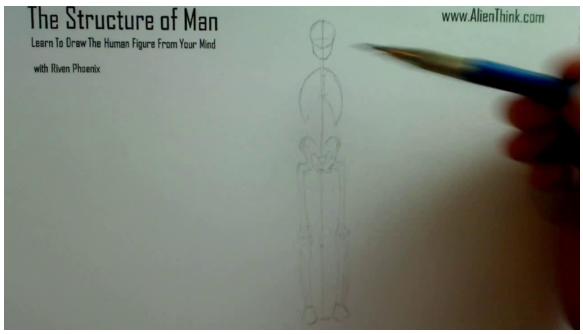
2026 Riven Phoenix and AlienThink.com

37		complete figure in the first lesson when we went through it.
38		The first figure drawing concept was that we can draw it out, right, without using any
39		system, right?
40		And this is the same thing that's happening over here, right?

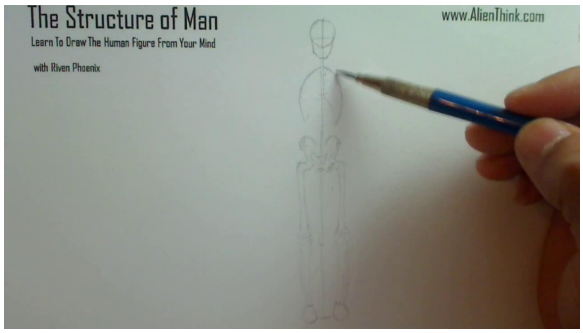
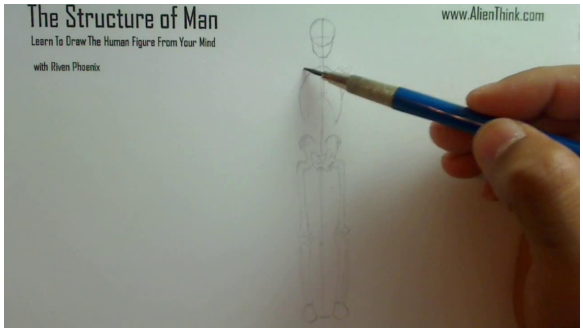
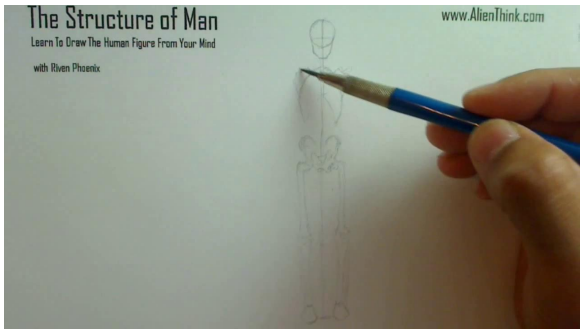
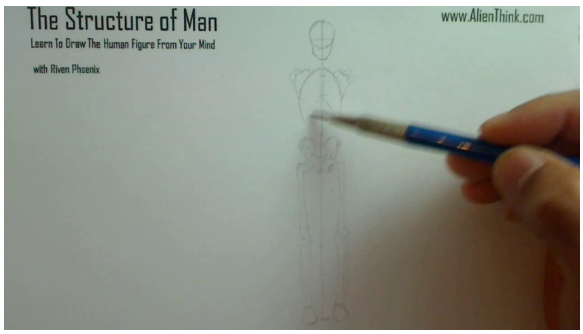
2026 Riven Phoenix and AlienThink.com

41		It's the same concept because now you know how the figure is constructed, you can just
42		pretty much, without any kind of a toolkit be able to do this yourself.
43		But this is going to just be facing towards us, right?
44		So this is again just proving what happens in the mind that once it understands the master

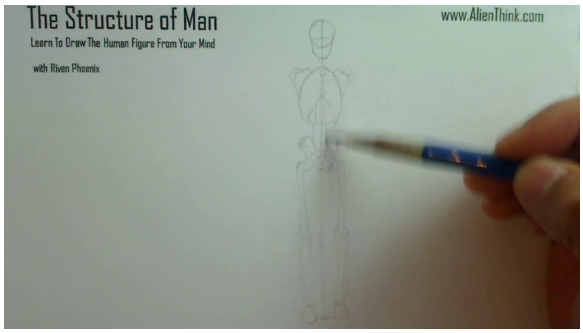
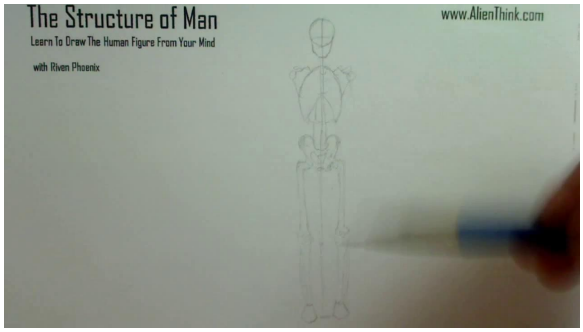
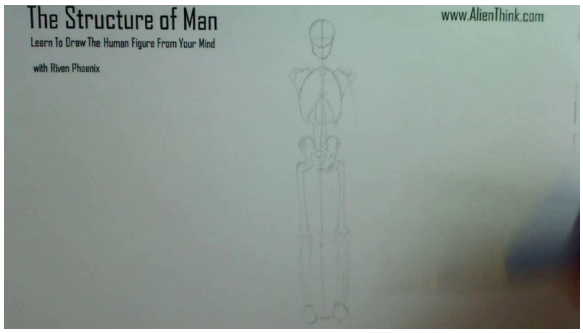
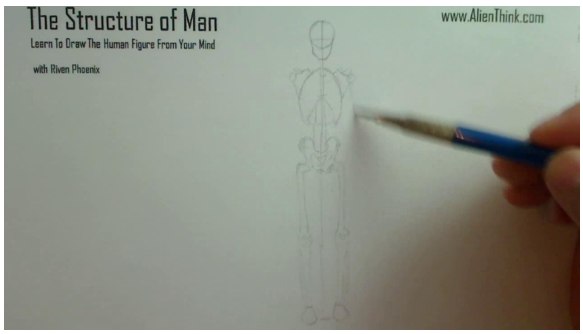
2026 Riven Phoenix and AlienThink.com

45		something that it can really just draw out anything on the fly in any way that it wants,
46		right?
47		So here I'm just doing everything in these very quick outlines over here and drawing this
48		stuff out.

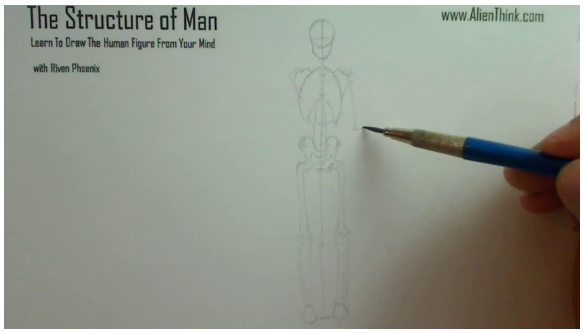
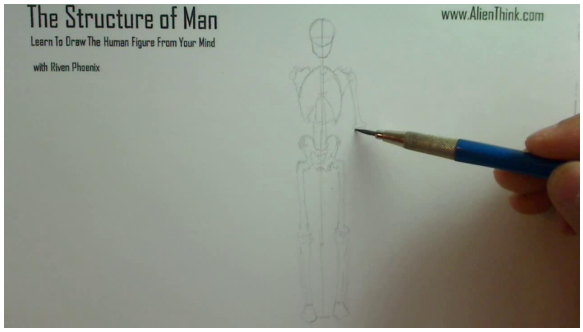
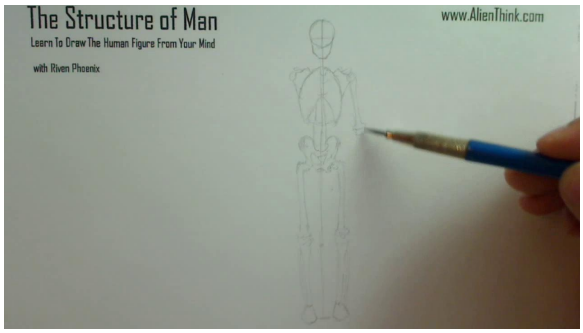
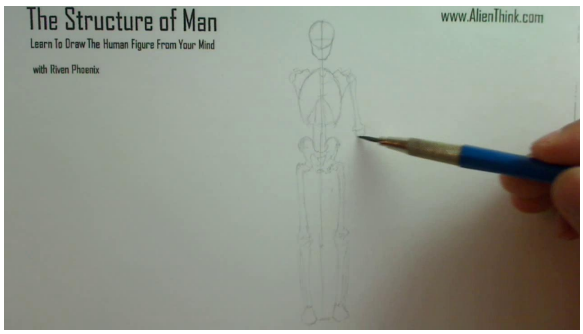
2026 Riven Phoenix and AlienThink.com

49		And over here, we already know how this is going to be over here like this and over here,
50		we know that this is just going to be over here like this, right?
51		We're going to get this bone structure here, right?
52		And I think if you just look at this understanding that without a toolkit, we can even accomplish

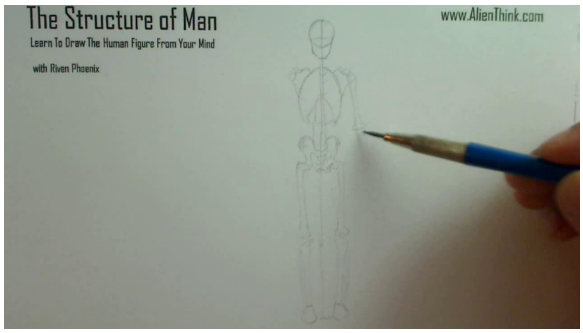
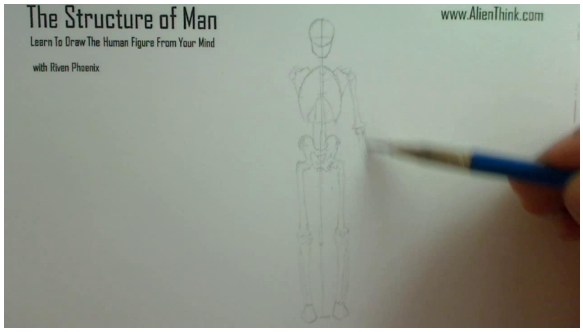
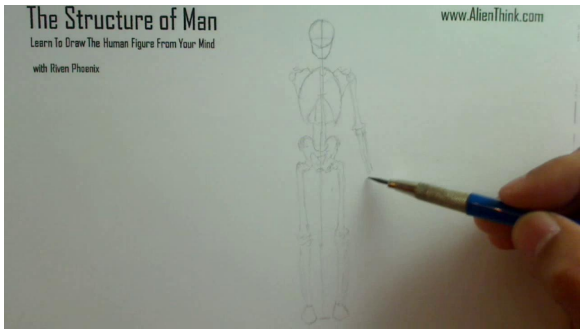
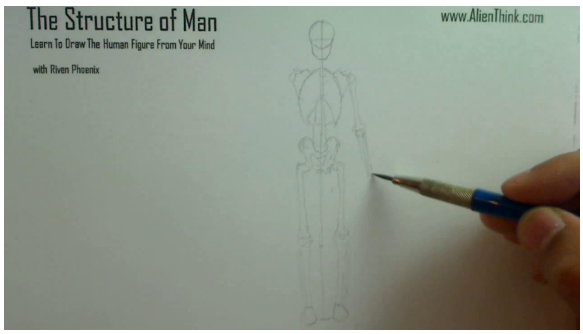
2026 Riven Phoenix and AlienThink.com

53		this goal is a feat in itself, right, to come such a long way from a toolkit and then
54		be able to even abandon the toolkit in the end, right?
55		So you always want to use a toolkit to be able to draw up your figures here.
56		I'm just showing you that even in the end, what happens in the mastery stages of drawing

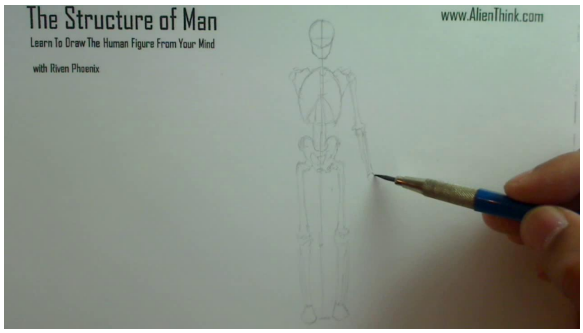
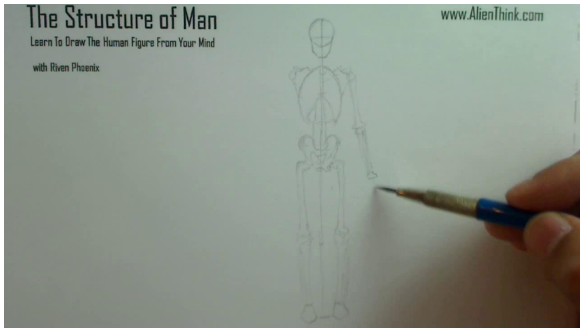
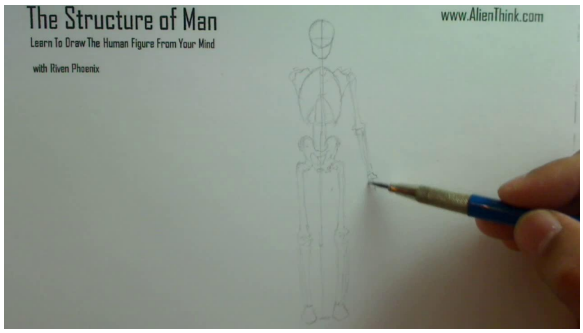
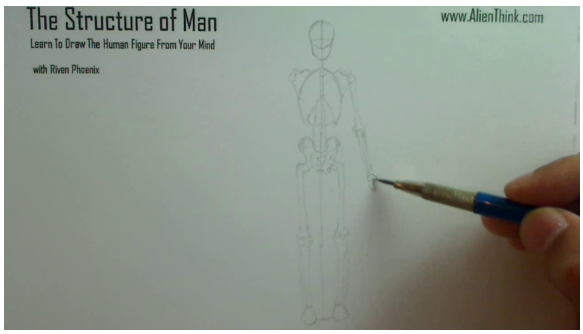
2026 Riven Phoenix and AlienThink.com

57		out the figure is that you can really put the figures down in any way that you want,
58		right?
59		Regardless of how you started, you just need some kind of a line or something, okay?
60		So this is going to be now over here.

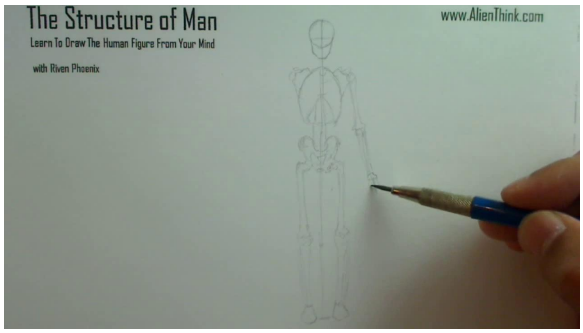
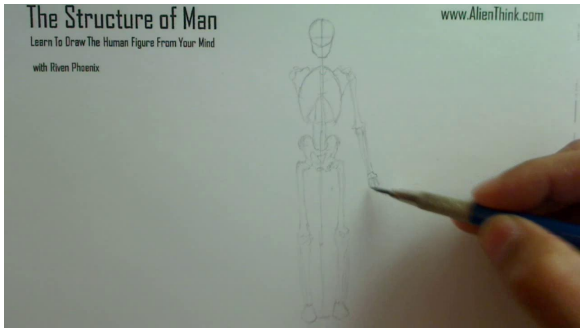
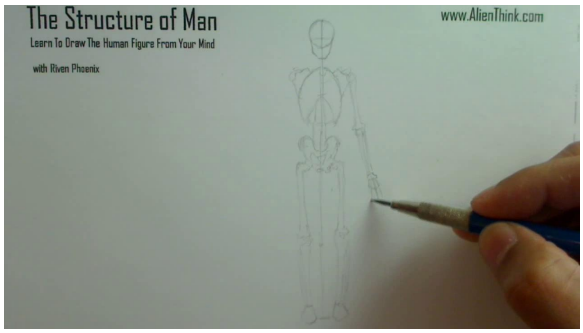
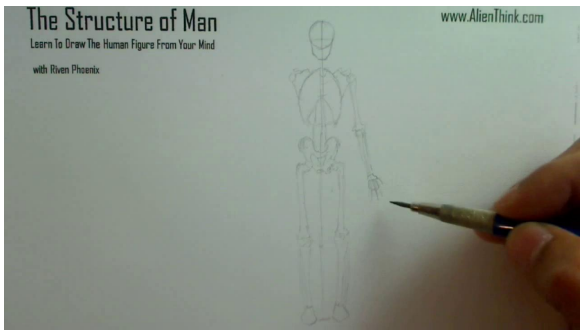
2026 Riven Phoenix and AlienThink.com

61		We're going to draw out the all now over here, just about here, and then this is going
62		to be the radius over here, right?
63		So now when we get to the right, this is where the crotch area is.
64		So now when we get to the hand, it's going to be very simple.

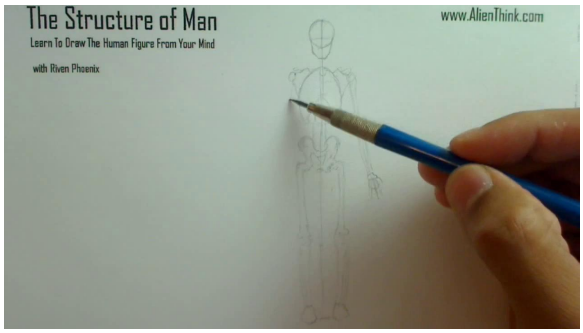
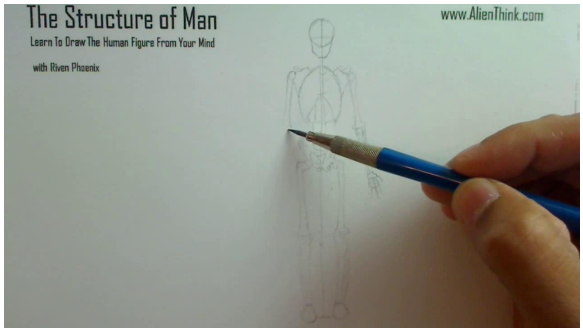
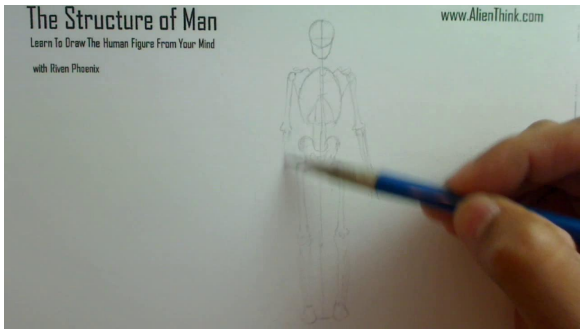
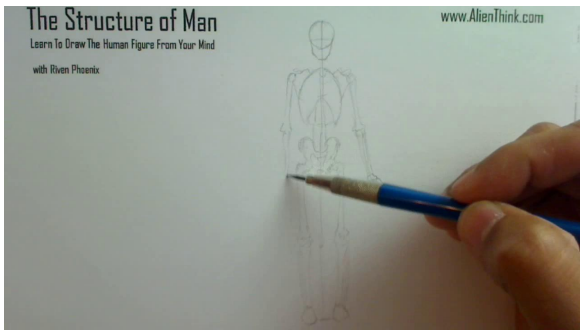
2026 Riven Phoenix and AlienThink.com

65		Understanding, okay, well, it's really just going to be the same thing over here, right?
66		We know really it's just going to be over here in the middle of this and we're going to
67		get the small finger.
68		So it's going to be really like this, not this is all going to be done very small.

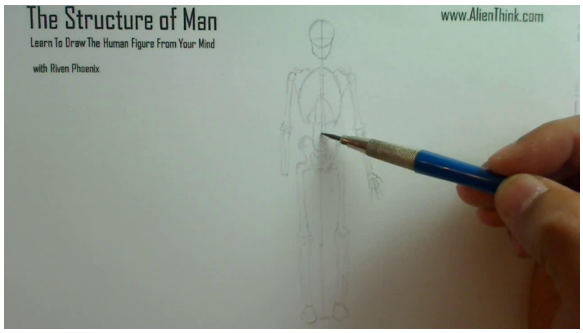
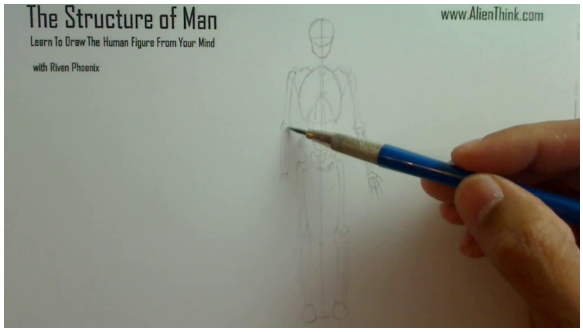
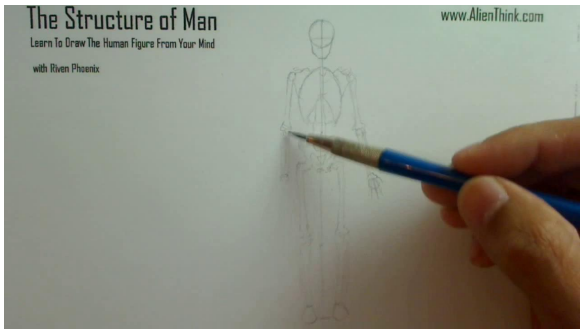
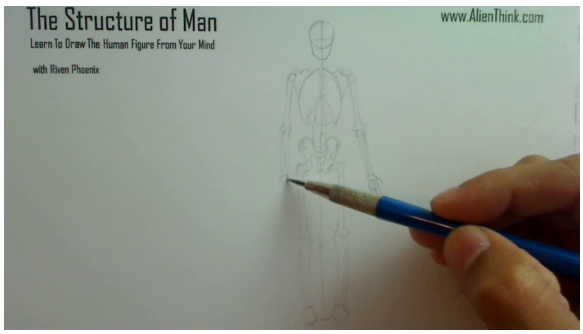
2026 Riven Phoenix and AlienThink.com

69		So here what I usually do is just, you're going to have to use suggestion over here, right,
70		in the beginning, and just know how these lines are going to be, right?
71		This is going to be very small, tiny details, but still you will be able to put that in,
72		we'll come back in and add more detail if we need to, right?

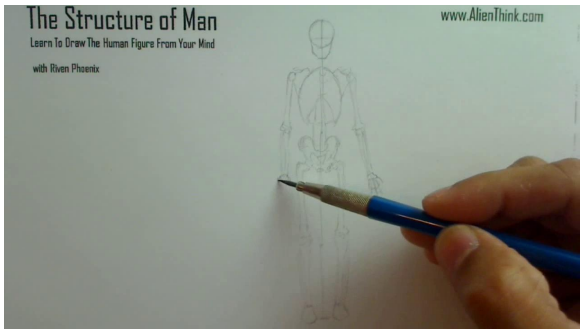
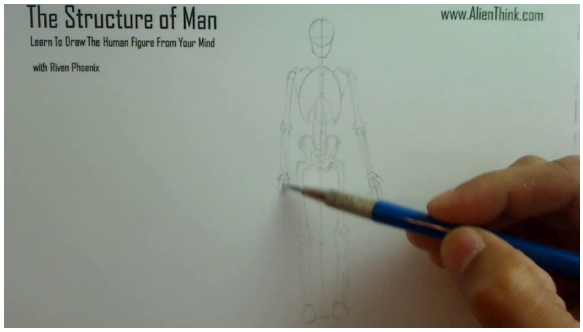
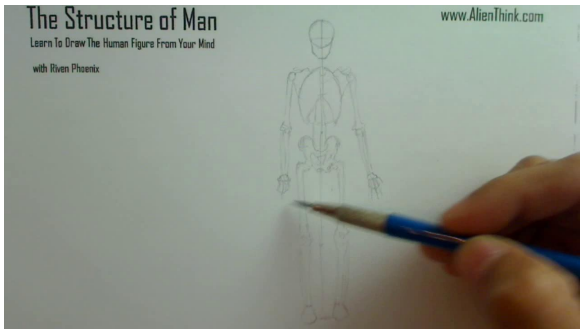
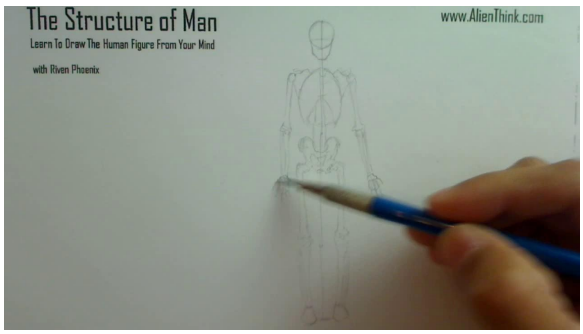
2026 Riven Phoenix and AlienThink.com

73		So this here, again, it's just going to be like this over here, right?
74		This is going to be very simple to put together.
75		You already know how this is going to be, right?
76		So notice that when we put this, for these ideas now, that this area here, right, where

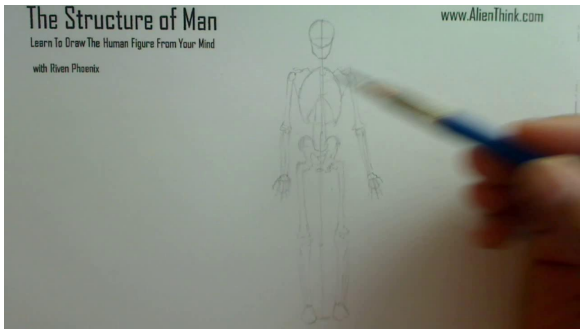
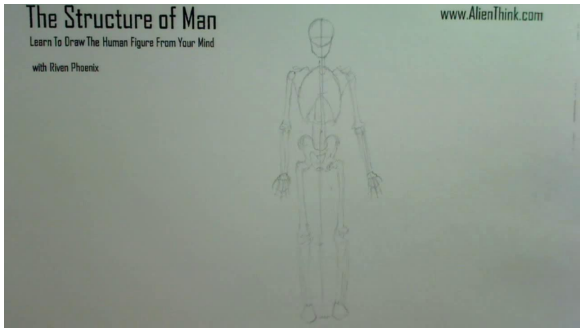
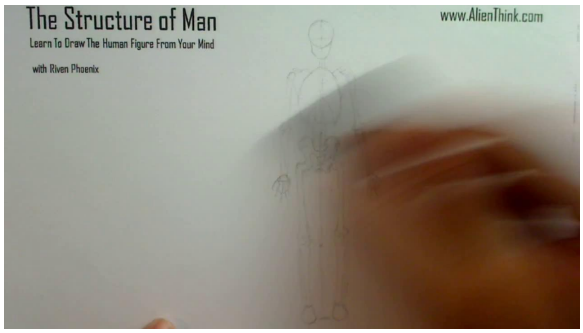
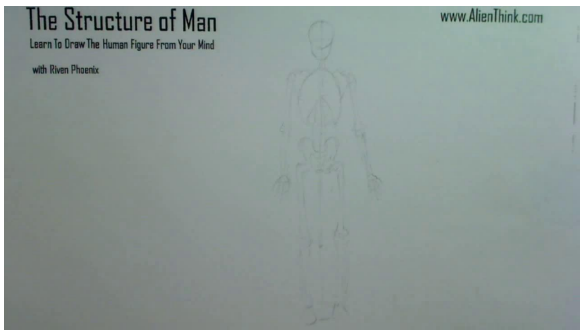
2026 Riven Phoenix and AlienThink.com

77		the belly button is, that this forearm over here, and because of the wrist over here,
78		it seems longer, right?
79		So this is obviously a little more shorter over here, right?
80		So once we get this, we already know how this is going to be, right?

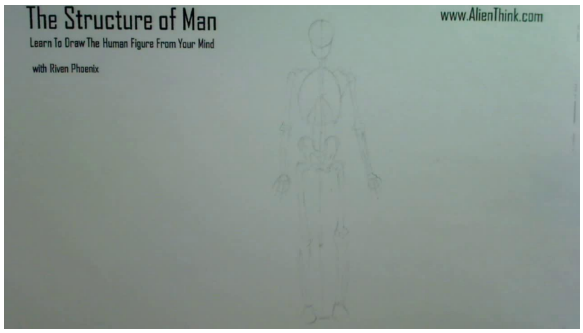
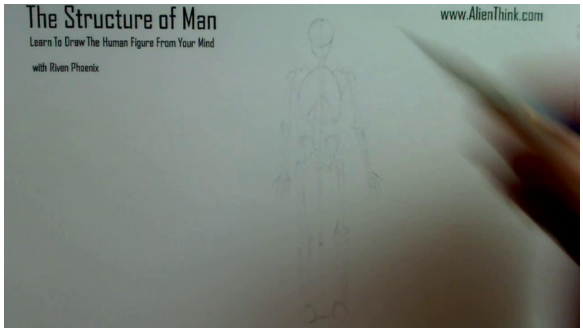
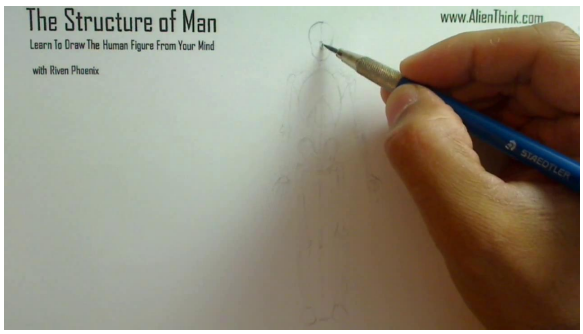
2026 Riven Phoenix and AlienThink.com

81		So him just flipping things around, understanding where the small finger is in this curve
82		it over here, two, three, four, right?
83		And then we're going to get the same ratios here, then over here we're going to get the
84		same thing, right?

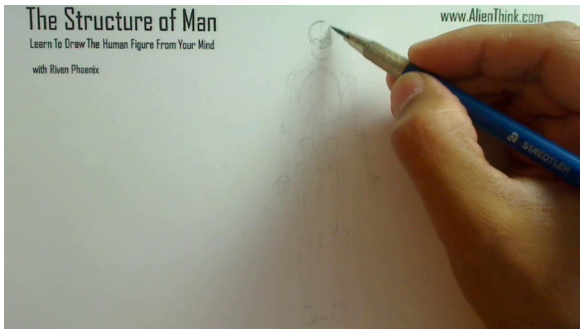
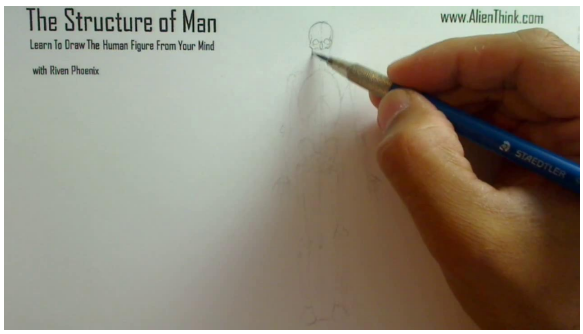
2026 Riven Phoenix and AlienThink.com

85		You can see how quickly we were able to do that, okay?
86		So once we've gotten this concept down, all we need to do is now erase a little bit because
87		that was our first drawing process, and now come in and start thinking about, I'm going
88		to just sharpen the pencil a little bit, because this is going to be quite a bit of detail

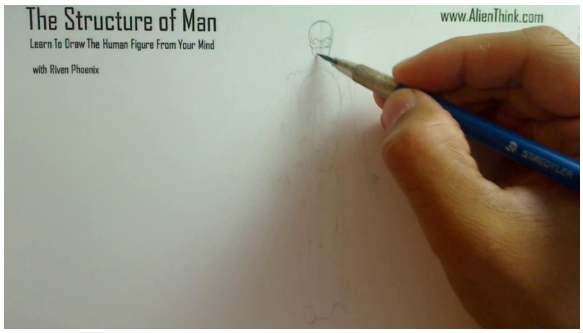
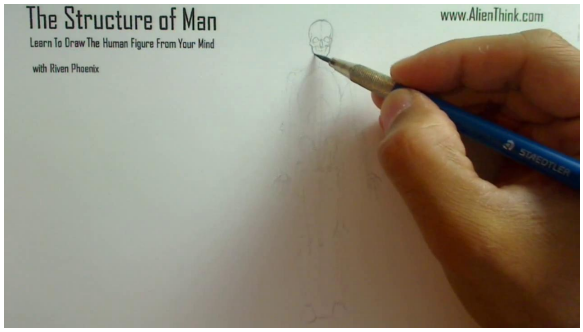
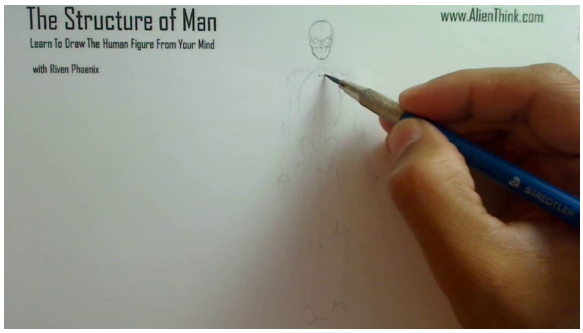
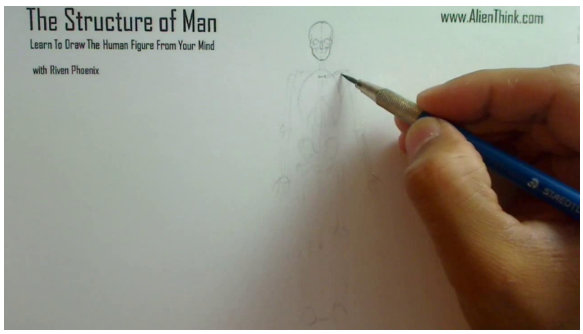
2026 Riven Phoenix and AlienThink.com

89		work here, okay?
90		So here, when we come down here to the skull, we know that this is going to be the center,
91		you know, in the brow area, I'm going to get the nose, so I'm just going to work out
92		some of the details here again, right?

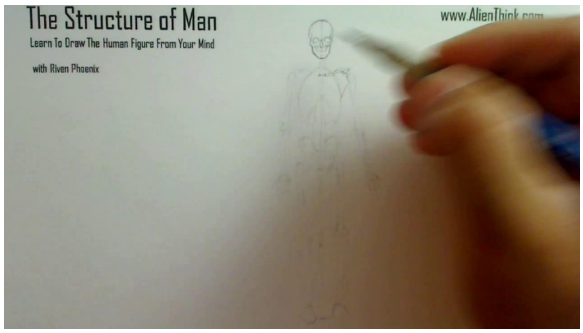
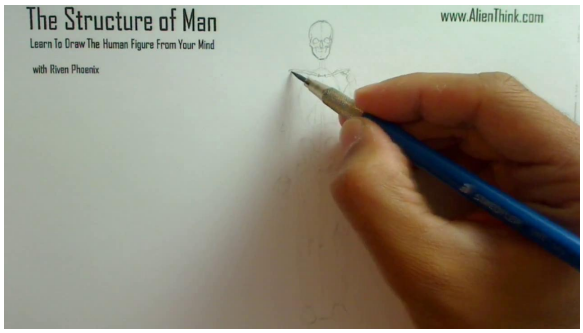
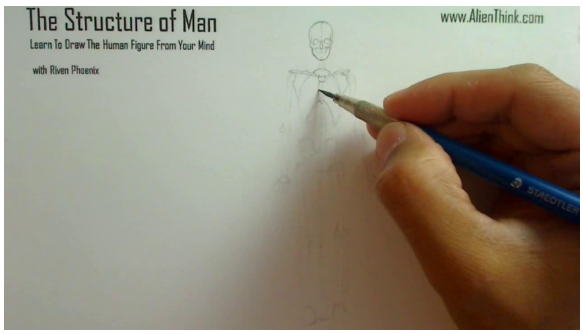
2026 Riven Phoenix and AlienThink.com

93		So if you want to use toolkit, you can to put this idea down first, but I know you are
94		going to be able to do this, right?
95		Because we have the every part of this, there's a history behind it from every lesson as to
96		how we went through it, right?

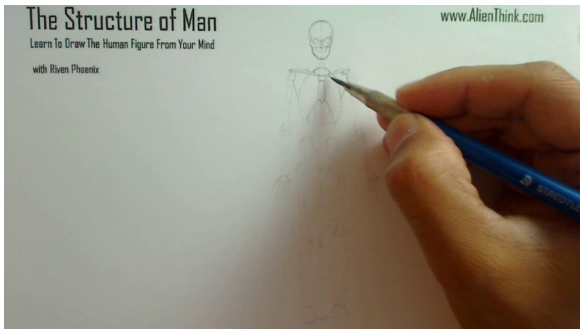
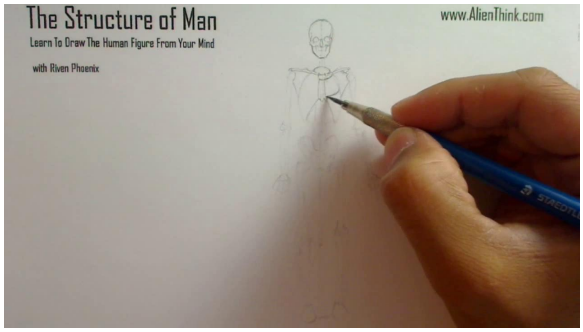
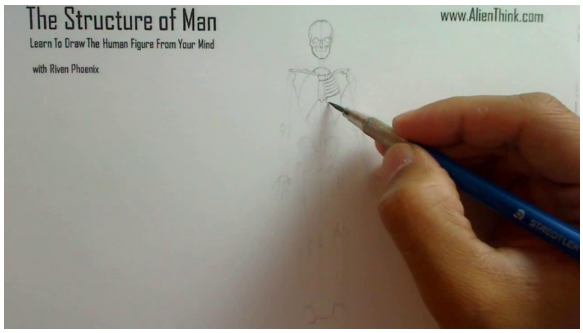
2026 Riven Phoenix and AlienThink.com

97		So what then that is the power of the pecs system in memory management, that each line,
98		each idea here is a reminder to the brain as to how it solves these issues, right?
99		So here's going to be now the clavicle going in this direction, right?
100		So you want to, when you draw this out, you make sure you draw every detail of the skeleton

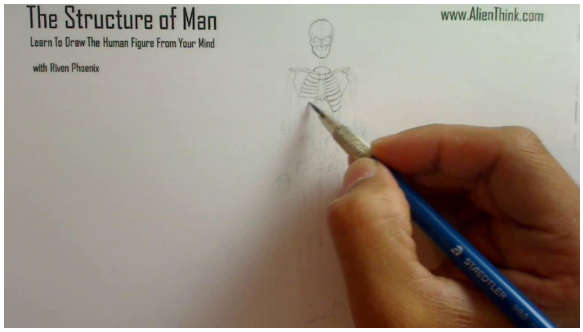
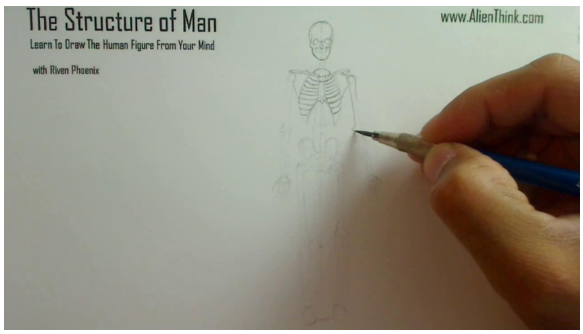
2026 Riven Phoenix and AlienThink.com

101		here, right?
102		And this will basically prove to you and to your mind that you, how far you've come.
103		Okay, and here I'm just going to just do the chance of anybody like this over here.
104		And this is that tie system here.

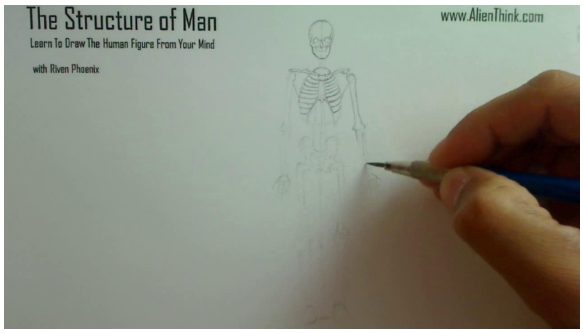
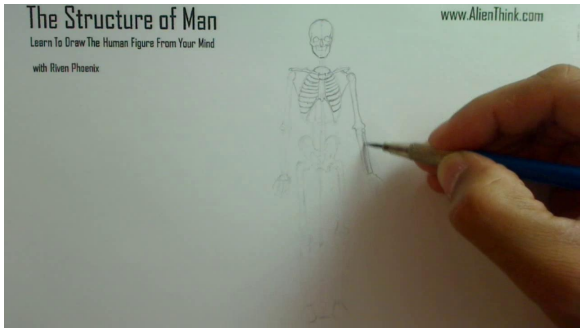
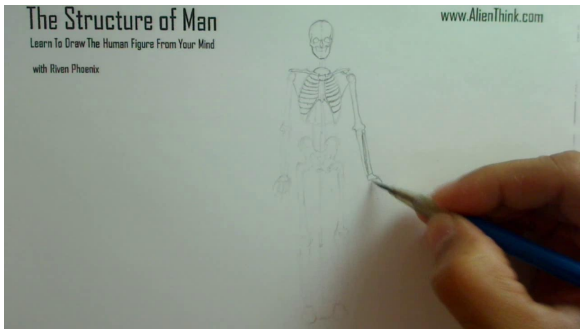
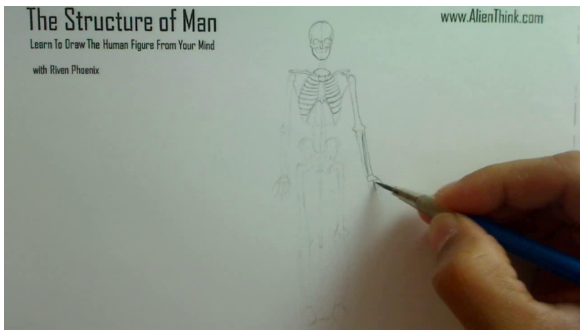
2026 Riven Phoenix and AlienThink.com

105		Okay, this is the 11th one, we already know how to do this one.
106		This is the 7th one, so this is 2, this is going to be 3, 4, 5, 6, right?
107		So this is 7, this is going to be 8, 9, and then 10, and we're going to go over, well,
108		let me do it this way, right, so make sure over here, 2, 3, 4, 5, again, this is going

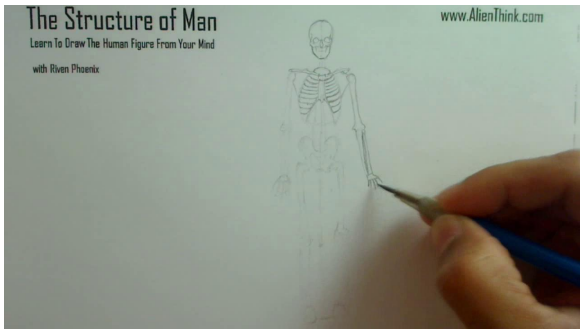
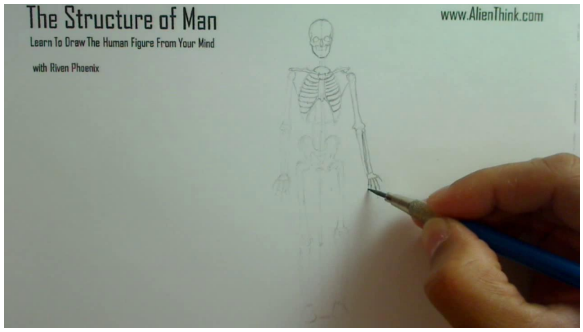
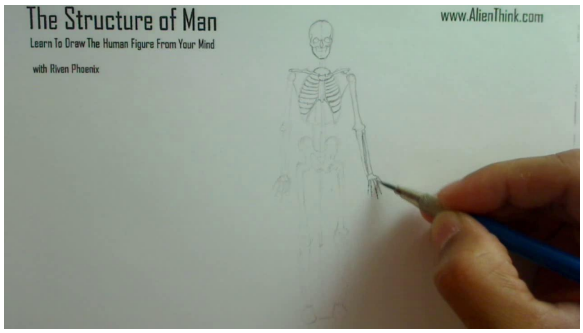
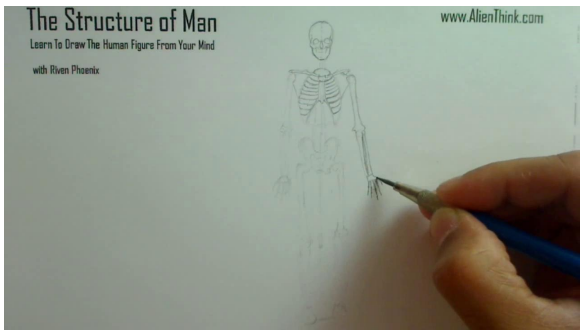
2026 Riven Phoenix and AlienThink.com

109		to be a conceptual drawing, right?
110		If you want to make these really detailed, you can do that.
111		Okay, we got this down, and here we're going to now work on this area over here, like this
112		make that a little notch over there for that bone, over there, and then over here we're

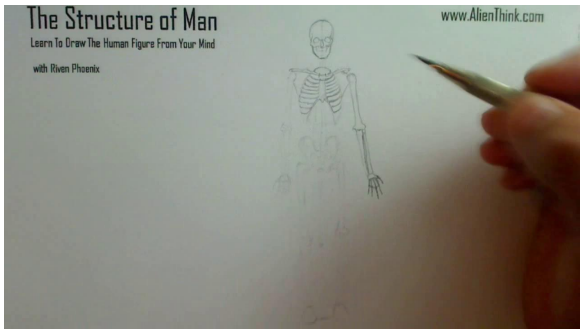
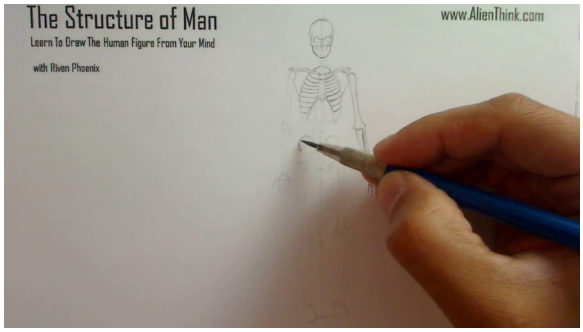
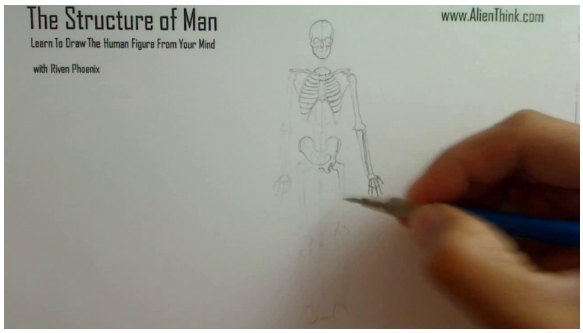
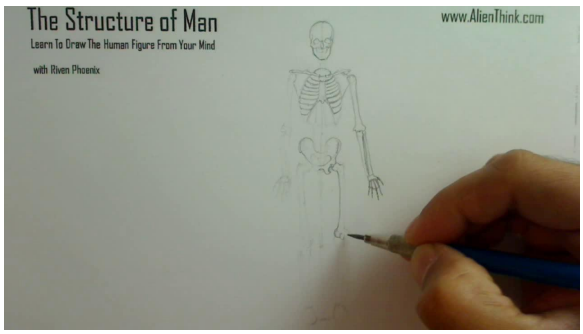
2026 Riven Phoenix and AlienThink.com

113		going to get, I'll now over here, and from here you're going to get that radius, going
114		in this direction, and these are going to be like these tiny, tiny details, so think
115		about the ideas here.
116		So here when we come to the bones here for the hand, we're just going to have to do the

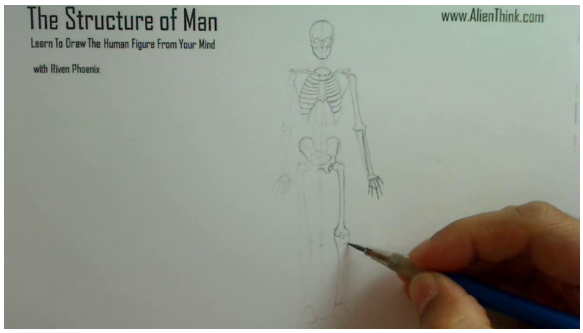
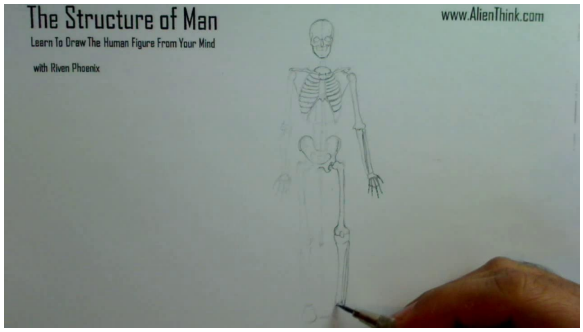
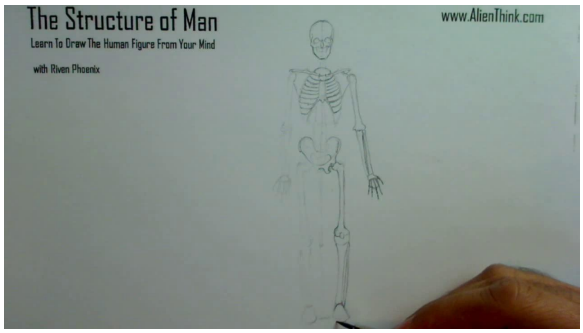
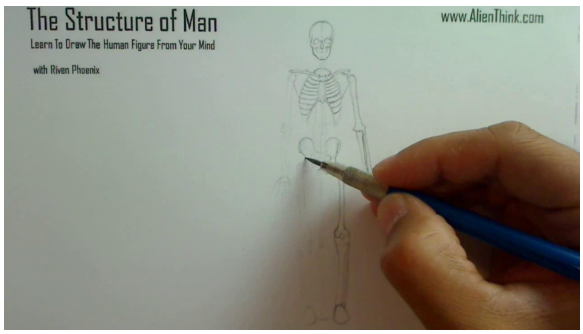
2026 Riven Phoenix and AlienThink.com

117		musty suggestive ideas here, that's like the best way to put them down, right?
118		If you want to do this a little bit bigger, you can, 1, 2, 3, 4, let the bones are so
119		tiny here, it's going to be really hard to show them on camera, so anyway, this would
120		be over here, and this would be your hand, this is your paw over here, okay, so that's

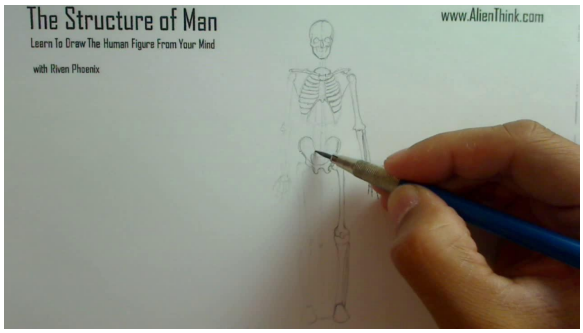
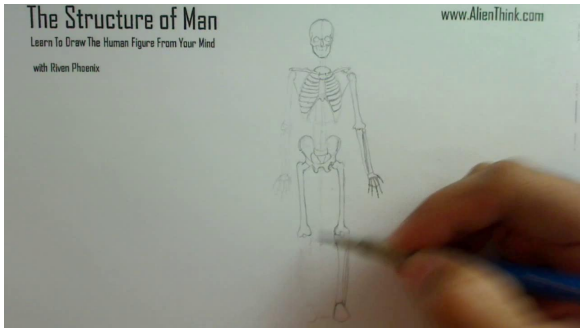
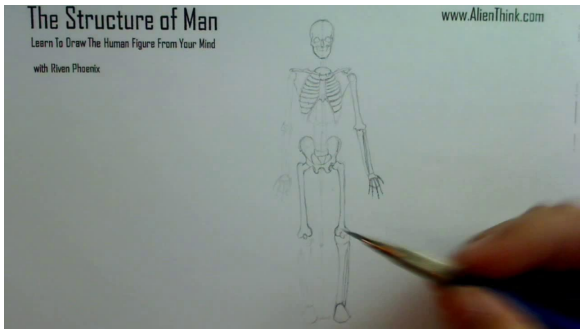
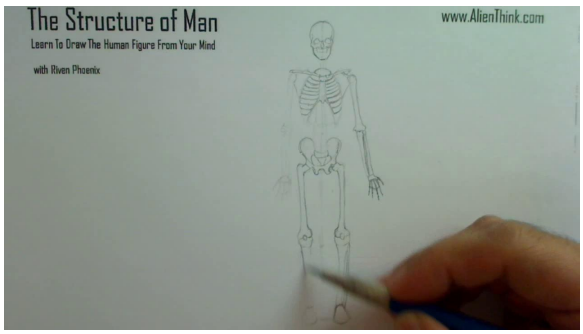
2026 Riven Phoenix and AlienThink.com

121		done, this is done, and then over here, we'll work on this a little bit, the pelvis area
122		is just going to go like this over here, I'm just going to get this joint over here, again,
123		so this is like the second row in process, in here, okay, and then we're going to do this,
124		again just make them a little organic looking, the bones over here, I'll get this over

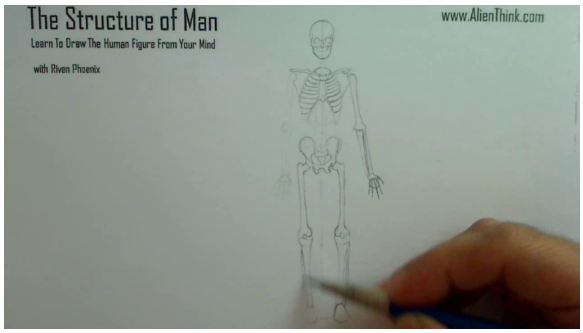
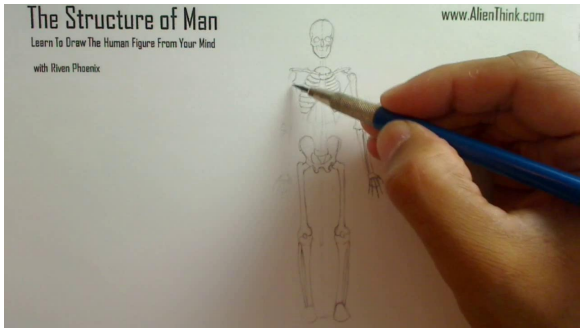
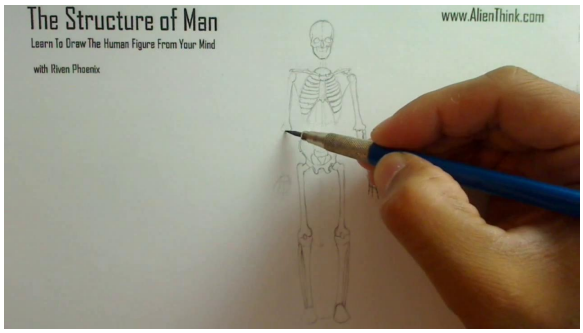
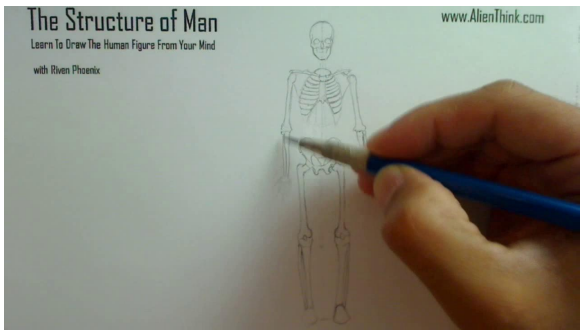
2026 Riven Phoenix and AlienThink.com

125		here, this here, and this is going to be behind there, fibula over here, and then
126		I'm going to get the foot area over here, so I know over here, so here you can now just
127		start to do things a little bit in perspective, it's really just going to be looking at us,
128		I don't know over here, just going to do this over here, same thing, just get that idea

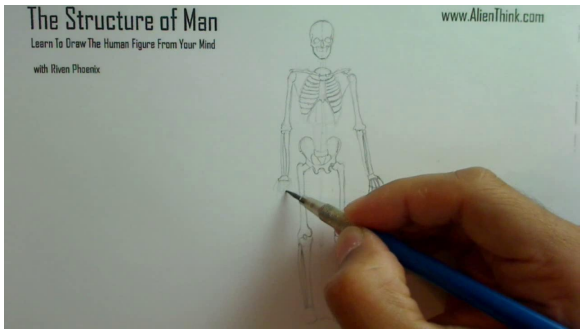
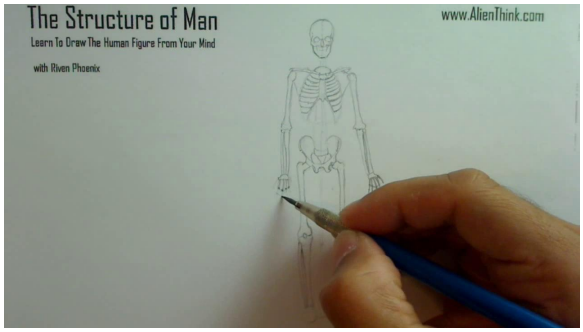
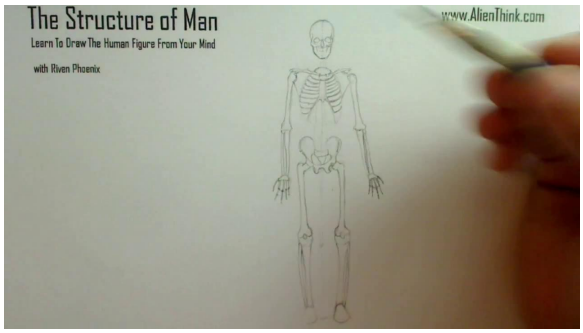
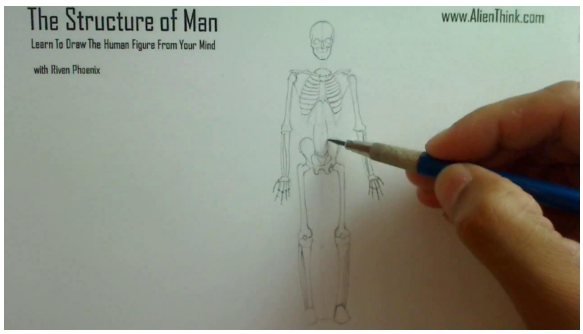
2026 Riven Phoenix and AlienThink.com

129		in there, and then the sacrum, and then over here, right, so notice that when I'm sketching
130		this out, I'm just making my own versions of the bone, but still sticking through the
131		realistic version of it, and then we can come back in and add more details, okay, so you
132		notice that it's been, well if I wasn't talking, we'll be a little faster, but it's been

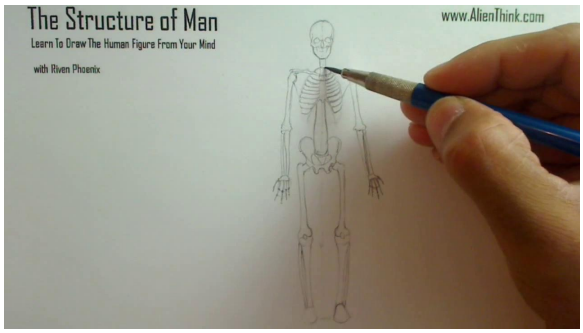
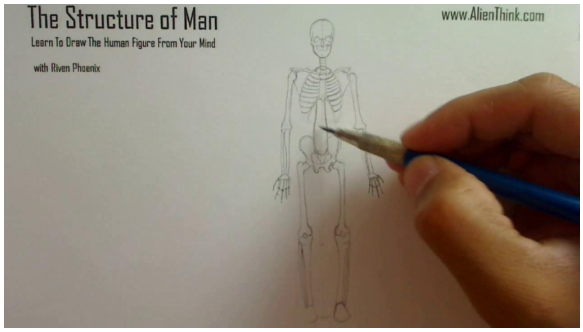
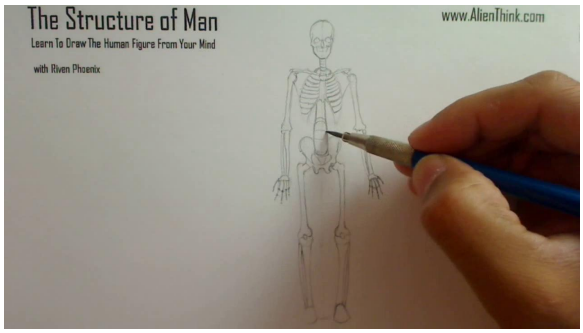
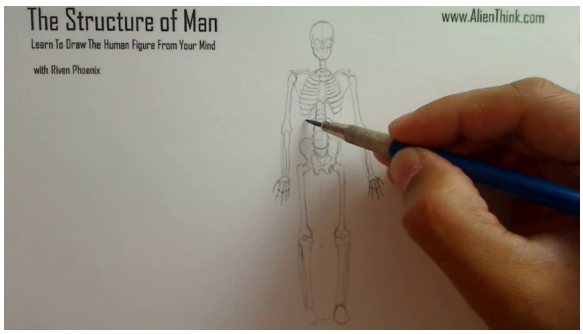
2026 Riven Phoenix and AlienThink.com

133		about 14 minutes drawing this, right, so, and we know, and the drawing is just coming out
134		the way we want it to, right, it's going to be a successful drawing, but that's a given,
135		okay, and then over here, we're going to get this over here, and then the radius over here,
136		my game over here, which is, and you have to do this tiny over here, or you know, the size

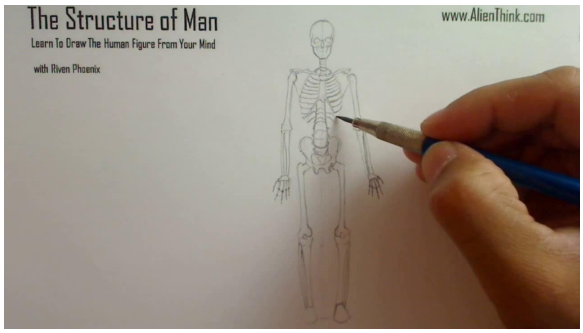
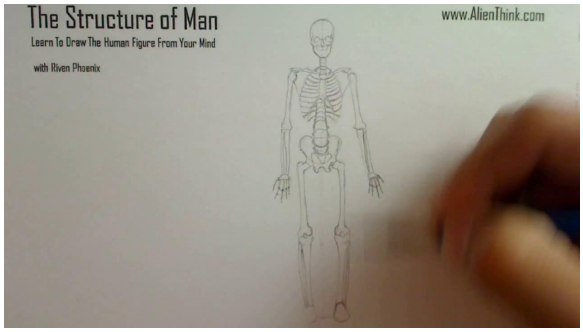
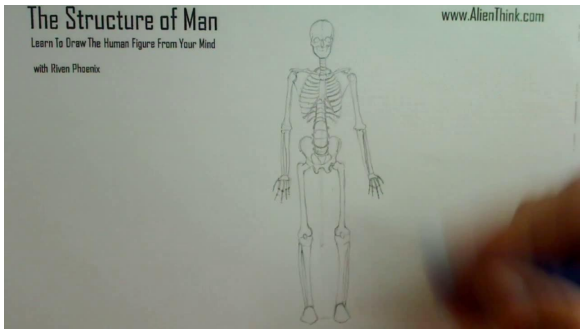
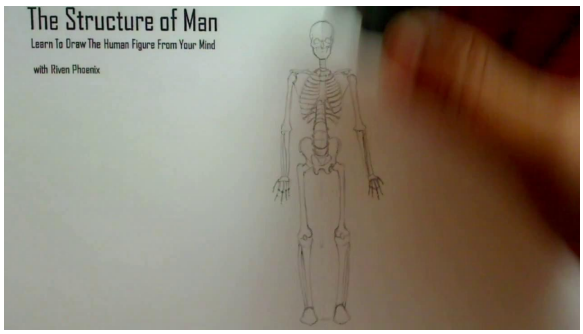
2026 Riven Phoenix and AlienThink.com

137		of the palm is just going to be this way, right, so over here, we're going to just use
138		suggestive ideas here, okay, two, three, okay, so that's done over there, but all the details
139		can be filled in in the next process, okay, so here we're just going to get this spine over
140		here, right, and it's going to go inwards, and then this is going to come here, we already

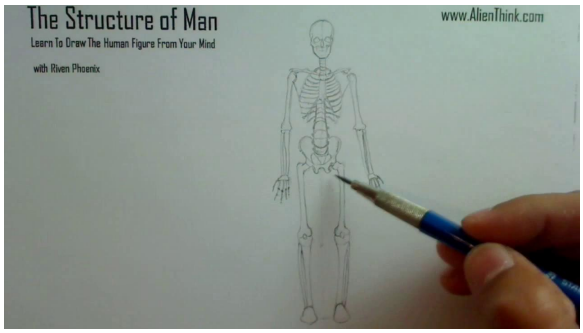
2026 Riven Phoenix and AlienThink.com

141		know this is going to be here, like this, and one, two, three, going in that direction, right,
142		and over here we know it's going to go in, this is the fifth one, which is divide, we get
143		one, two, three, four, and from here you're going to get that bone that's going to hang off,
144		and from here you're going to get that bone that's going to go a little bit turned in, but

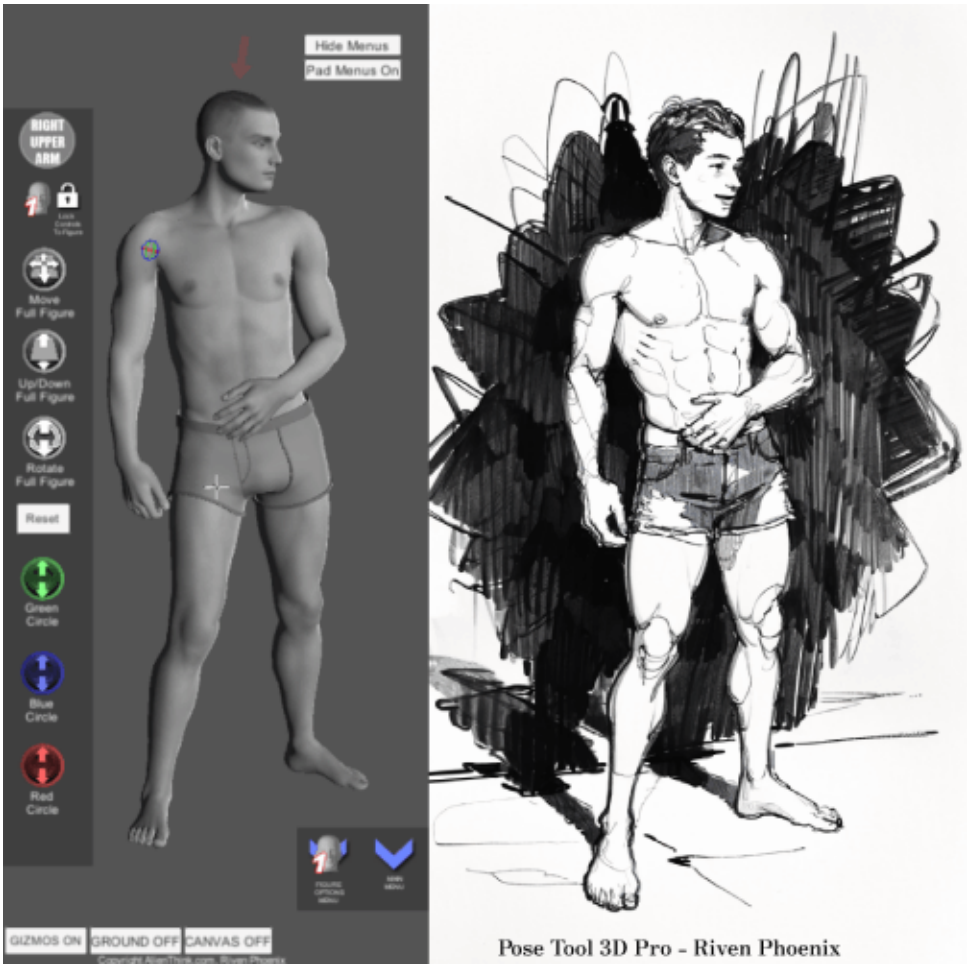
2026 Riven Phoenix and AlienThink.com

145		it's not connected to anything, but you can see how fast we're going through this process,
146		right, so here we were able to finish this figure, right, from where we were started from lesson
147		one, and be able to do this in about 16 minutes, right, so the next process would be that we
148		can now go to that third process and clean this up and make it even more detail, right,

2026 Riven Phoenix and AlienThink.com

149		and it's falling all the rules, so I'll see you in the next lesson, thanks.

2026 Riven Phoenix and AlienThink.com



www.alienthink.com/pose-tool-3d/

2026 Riven Phoenix and AlienThink.com